



Synopsis

We would like to better understand the experiences of adults in the UK who are close to someone who has/had an eating disorder. Through participating in the online survey, you will be given the chance to share your experiences and contribute to recommendations for change.

What is the purpose of the research?

The purpose of the study is to improve our understanding of the experience of close others/carers of patients with eating disorders. We aim to evaluate whether their experiences of care in the UK align with the recommendations made by Academy of Eating Disorders and BEAT, the UK charity of eating disorders.

We have invited you to complete this survey as we would like you to share with us your experience of caring for a loved one with an eating disorder. We would especially like to hear your thoughts about the recommendations. We would like to learn which recommendations you consider to be particularly important and how we can translate these recommendations into clinical practice. The information collected will allow us to identify areas of improvement and to recommend actions to improve close others' experience of care in eating disorders.

Who can take part?

You can participate in this study if you have a loved one who has experienced care for eating disorders in the UK. You must also be an adult and fluent in English.

What does the study involve?

If you agree to take part, you will complete a survey anonymously. The survey will ask you questions about your views of the recommendations and whether your experience of care aligns with the recommendations. The survey will take you approximately 20 minutes to complete.

If you enter your email address after completing the survey, you will be entered into a prize draw of four £50 online vouchers. Please note your contact details will be kept separately from the survey data.

How can you take part?

If you are interested in taking part, please follow this link: www.tinyurl.com/yayl4zy9

Funding

This study is being funded by Royal College of Psychiatrists.